

School Aged Youth Using Facility

Regular youth hours during school week start at 2:45pm. Under **3rd grade** may not be dropped off to use the building, unless in a structured class. Children 10 years & under must leave the Rec. at 6pm, and children 11 & 12 years must leave the gym at 6pm and go to the game room until 7pm, unless they are with an adult who is directly supervising them or engaging in the same activity.

AFTER SCHOOL SCHEDULE (No afterschool classes during Vacation Weeks or when school is closed)

2:45pm-4:00pm	4:00pm-5:15pm	5:15pm
<ul style="list-style-type: none"> HOMEWORK SNACKTIME QUIET ACTIVITY STATIONS RECESS 	AFTER-SCHOOL PROGRAMS (See below)	PARENT PICK-UP

MONDAYS

GYMNASTICS

Mon: 2:45-5:15 pm **Min:** 8 **Max:** 12
Grades: 1st-5th **Gym 1**

Instructor: Lou Datillo

Strength and flexibility are emphasized with basic apparatus use to teach beginning tumbling. Lou was the Jr. Olympic National Champion and 5 time international Jr. National Champion and the owner of the NH Academy of Artistic Gymnastics. 45 minutes of gymnastics instruction.



Resident w/ SRD ID	Non Resident w/ SRD ID	Other/ NO SRD ID
\$46 (9 wks)	\$76 (9 wks)	\$86 (9 wks)

SPORTS AND GAMES

Mon: 2:45-5:15pm **Min:** 8 **Max:** 15
Grades: K-2nd **Gym 2**

Instructor: Patrick Collins

High energy activities through traditional recreation games and traditional sports such as basketball, baseball, hockey, soccer, football and more.



Resident w/ SRD ID	Non Resident w/ SRD ID	Other/ NO SRD ID
\$36 (9 wks)	\$60 (9 wks)	\$66 (9 wks)

CONSTRUCTION CLUB

Mon: 2:45-5:15pm **Min:** 8 **Max:** 12
Ages: 3rd-5th **Kitchen**

Instructor: Cassandra Carter & Tasia Valcarcel

If you like to build, construct and design then this class is for you! We will be creating bird houses, design boards, phrase art & more using wood, nails and hammers!
(We may use some other tools as well)

Resident w/ SRD ID	Non Resident w/ SRD ID	Other/ NO SRD ID
\$40 (9 wks)	\$67 (9 wks)	\$74 (9 wks)

TUESDAYS

SPRINGTIME SCRAPBOOKING & MORE

Tues: 2:45-5:15pm **Max:** 12 **Grades:** 3rd-5th
Kitchen/Outside **Instructor:** Daryl Johnson

We have all kinds of patterned paper, textured paper, neon and more. We will be making collages, fun filled photo frames, scrapbooks galore! If you like to cut, glue and create on your own... this class is for you!

Resident w/ SRD ID	Non Resident w/ SRD ID	Other/ NO SRD ID
\$42 (10 wks)	\$74 (10 wks)	\$82 (10 wks)

OUTDOOR FUN

Tues: 2:45-5:15pm **Min:** 8 **Max:** 13
Grades: K-2nd **Instructor:** Patrick Collins

This program will explore the grounds of the Seabrook Community Center. We will explore the wooded area behind the building, visit the gaga pit, playground, and play high energy sports and games outside

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\$38 (10 wks)	\$64 (10 wks)	\$70 (10 wks)

DANCE EXERCISE & HEALTHY HABITS

Tues: 2:45-5:15pm **Max:** 12 **Grades:** K-2nd **Multi 2 & 3** **Instructors:** Cassandra Carter & Tasia Valcarcel

This class we will be dancing to all kinds of different music, following along with upbeat dance videos, playing Just Dance & even creating our own dance to present at the end of our class!

We will be incorporating cooking and creating fun healthy snacks as well.



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WEDNESDAYS

TAG YOU'RE IT!

Wed: 2:45-5:15pm **Min:** 8 **Max:** 12
Grades: K- 2nd **Gym 2/Grassy Field**
Instructor: Cassandra Carter

If you love to run around and get your energy out this class is for you! We will be playing various tag games and even making up our own!

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GA GA BALL LEAGUE

Wed: 2:45-5:15 pm **Min:** 8 **Max:** 15
Grades: 3rd-5th **Outside/ Gym 1**
Instructor: Patrick Collins

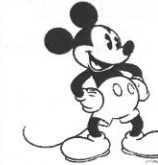
This is a sports program that will feature weekly tournaments of the exciting game of Ga Ga Ball. It is a game that utilizes skills from volleyball, dodge ball, and four square as well as developing hand eye coordination and agility.

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DESIGNS & DESSERTS: DISNEY EDITION!

Wed: 2:45-5:15pm **Min:** 8 **Max:** 12
Grades: K-2nd **Kitchen**

Instructor: Tasia Valcarcel



If you think baking and crafts are fun then this class is for you! We will be making Disney themed crafts and baking Disney desserts! Spaces are limited so sign up now!

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\$42 (10 wks)	\$71 (10 wks)	\$78 (10 wks)

THURSDAYS

FUNKY FLORALS

Thurs: 2:45-5:15pm **Min:** 5 **Max:** 12 **Grades:** K-2nd
Multi 2 or 3 **Instructors:** Daryl Johnson

If you are excited for Spring than you will be excited for this class! We will be doing everything FLOWERS! From creating our own flower art, gardening, painting and so much more!

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SEABROOK OLYMPICS

Thurs: 2:45-4:45pm **Min:** 8 **Max:** 12
Grades: K-2nd **Multi 2**

Instructor: Patrick Collins

We will have a 10 week long Olympic Competition. We will incorporate a variety of races and athletic competitions with awards given out on the final week.

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YOUTH ON THE RUN: ADVENTURE EDITION!

Thurs: 2:45-5:15pm **Max:** 12 **Grades:** 3rd-5th **Multi 2 & 3/Outside**
Instructor: Cassandra Carter & Tasia Valcarcel

If you like to get out and explore then this class is for you! We will be visiting several walking trails and running places. We will be keeping track of how many miles we do per person! The person that completes the furthest distance at the end of the session will receive a prize!



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FRIDAYS

KIDS CHOICE!

Friday: 2:45-5:15pm **Grades:** K- 5th

Each Friday the students will have the choice of the activity offered for the day! The choice will be made each Friday, just sign your child up for the day and they have the power to choose! Sports? Crafts? The choice is yours!



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