

# Adult & Senior SERVICES, SOCIAL & CRAFT

## DROP IN BINGO

**Thursdays:** 12:30-2:30 pm **Multi 2&3**

**Leader:** Betty Ash

Drop In Bingo is one of the most popular social recreation programs for seniors and middle aged adults. Bingo is played for small amount of money and cash prizes are awarded to winners.

**Fee:** Free with a SRD ID Others pay \$2 guest fee

## SR. Wii BOWLING LEAGUE -

**Wednesday** 12:15-2:30 pm. **Min:** 6 players **Max:** 24

**Age:** 50+ (Co-ed) **Multi 2&3**

**Leader:** Sandy Beaudoin

**Assisted by:** Nancy Lewis

Come on and join now! It's an addictive activity that is great fun! Teams of four players will be formed and everyone will play each week for 10 weeks. Prizes for the most turkeys, best string, best totals, etc. This activity can be played while standing or sitting, so please join up if you wanted to have fun. PS: Join the meals on wheels program & have lunch before you bowl.

**Fee:** \$5 w/ SRD ID \$10 Others (no ID)



## VISITING NURSES

3rd Wednesday of each month is a **foot clinic** by appointment only, 926-2066.



## HAPPY SENIOR CITIZEN CLUB MEETINGS

1<sup>st</sup> Wednesday of each month from 12-3pm, meeting starts @1pm. (Annual Dues: \$15.00)

**Location:** Seabrook Library

**President:** Dot Chase. 474-8803

Occasional entertainment, refreshments and discussion of upcoming trips.

## SENIOR TRIPS

For information call Dot: 474-8803



## R.S.V.P. KNITTING SOCIAL

**Mondays:** 9:30 am –11:30 a.m. **Multi 3**

**Group Leader:** Bobbi Silva

This is a time where R.S.V.P. knitters can come together to share ideas and skills with each other. Any senior who would like to join this program is welcome. A representative from R.S.V.P. usually stops by during this time to drop off materials and touch base with the volunteers who teach new skills. The group enjoys each other's company and a few laughs. Come join the fun! No Charge!

## ROCKINGHAM NUTRITION PROGRAM

Meals on Wheels. A daily nutritional meal is available to senior citizens (60+ years old). Meals are served on site too! Come early and play cards or a game.

**Meal on Wheels Site Director:** Lorraine Delisle

Call for reservation: 474-2139.

**Monday – Friday @ 11:30 am on site**

**Donation:** \$3.00 **Place:** Kitchen



## TAXI VOUCHER ASSISTANCE PROGRAM

Transportation assistance program for Seniors (55+) and disabled residents of Seabrook. Applications available at the Seabrook Community Center. Taxi cabs from Cars & Port Taxi Company. Limited destinations. Reduced rates for members. Program travels to Newburyport, Amesbury, Salisbury (for medical reasons only) and Seabrook.

## ADULT DROP IN SOCIAL & MORE

**Mon. & Fri.:** 11am-12pm

This is a "Club" for Adults to meet new people, find common interests & plan outings! We will meet Monday and Friday most weeks, but will end up talking about better times that work for everyone.

**Location:** Seabrook Rec. Multi Purpose Rooms

**Fee:** free w/SRD ID **Others:** Apply drop in fees

## GRIEF SUPPORT GROUP

**Friday:** 1:00-2:00pm

**Min:** 4 **Max:** 10

**Leader:** James Burns

FREE

## TUESDAY SOCIAL HAPPENINGS FOR ADULTS 55+

**Lead by:** Betty Ash **Fee per class:** \$3 Res./ \$5 non-Res. **Time:** 12:30pm

**Sign up deadline:** Friday before class date **Min.** 8

January 9th	January 23rd	February 6th	February 13th	March 6th	March 13th
New Year Bingo	Teen picture Bingo	Adult picture Bingo	Valentine's Bingo	Bingo	St. Patrick's Bingo